Village Newsletter

Lourdes Village March 2021 Edition



VILLAGE MANAGEMENT OFFICE Phone: (02) 6584 3515

Opening Hours: Monday to Friday, 8:30am to 4:30pm Email: reception.villageliving@stagnesparish.org.au

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Message from the Editor

Dear Residents,

Welcome to the March 2021 Village Newsletter. The photo on the front cover of this month's edition of an Australian Tasmanian Devil has been kindly provided and taken by Sue Hollis. He belongs from the Devil Ark Project (working to save the endangered Australian Tasmanian devil) located in the hills of the Barrington Tops.

The St Agnes' Care and Lifestyle bus is back to full capacity and the village outings include a full day outing, morning tea outing and afternoon tea outing. Unfortunately, the full day bus outing will now be held on the first Wednesday and fifth Wednesday of the month (not Thursday, as we have previously been allocated.) We apologise for any inconvenience this may cause.

In this edition of the Village Newsletter, residents are invited to complete an Activity Preference Sheet (which is located on the back page) to tell us about social activities that you love to do or would like to see take place in the village. Being connected to others can help improve our mental and physical wellbeing and activities/events gives residents an opportunity to get together and socialise.

It would be appreciated if you could please tick the activity you would like to see take place in the village and if you are able to assist in the facilitation, please indicate Yes or No in the column provided. Please return this sheet to the Village Office before Friday, 19th March 2021 by placing in the mailbox located at the John Worner Centre.

The John Worner Centre will be re-opening to non-village residents from Monday, 1st March 2021. The decision still remains not to take external bookings, however there will be a need for some exemptions to this decision with Parish staff meetings and groups that have direct benefit to village residents, i.e. Catholic Women's League. No after-hours hall bookings will be accepted. COVID-19 restrictions will still be in place in line with NSW Health and Government Guidelines to help maintain a safe environment for village residents, Parish staff and the community.

I am happy to announce that Patrice Gilson of *Beauty by Patrice* has accepted the offer to provide a beautician service to the St Agnes' Site, and this will include the Villages. An introduction, working hours and pricing list is detailed in this edition of the Village Newsletter.

Until next month, stay safe, healthy and happy.

Pastoral Ponderings

February 2021





Picture taken of St Teresa of Kolkata chapel so named in Emmaus. "It is not what we do but the love which we do it. St Teresa



Wishing you beautiful moments, treasured memories, and all the happiness a heart can know. ...

Value Word for 2021

Last year we updated our Vision, Mission and Values booklet and it will be made available at future opportunities. This year the parish Value word we are concentrating on is "United as One Body" and our quote from scripture is "For as in one body we have many members, and the members do not all have the same function, so we, though many are one body in Christ and individually members one of another" (Romans 12: 4-5)

We are committed to a culture where individuals are treated fairly and with respect, where all have the opportunity to develop their skills, gifs and spirituality.

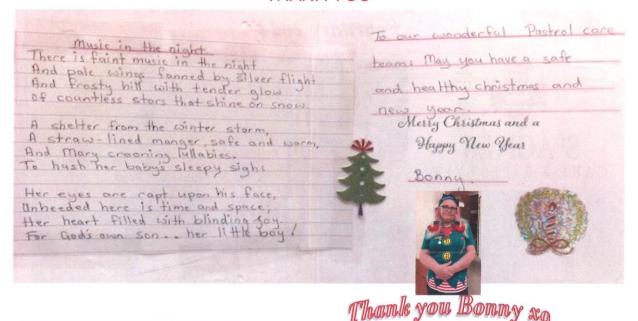
Pastoral Care is walking the journey with each other especially in times of hardship or crisis. Religion is not spoken about unless the other

Neethu and Eileen



initiates it. The team is available to sit with you to talk about personal issues. *A problem shared is a problem halved.* Our phone number is at the back of this sheet.

Seems so long ago, but a lovely Christmas poem from a staff member. THANK YOU





Shrove Tuesday was traditionally a day when winter food stores had run dry and the fasting period was waiting for new foods to be ready for harvest Shrove Tuesday is the day before Ash Wednesday (the first day of Lent), observed in many Christian countries through participating in confession and absolution, the ritual burning of the previous year's Holy Week palms, finalizing one's Lenten sacrifice, as well as eating pancakes and other sweets.

Catholic Masses

Emmaus — 1st Tuesday of the month.

Mt Carmel — 2nd Tuesday of the month.

Maryknoll — 3rd Tuesday of the month.

St Agnes — 4th Tuesday of the month.

Liturgy of the Word with Communion— Emmaus, MK, MTC each other Tuesday

Masses at the chapels.

St Francis of Assisi chapel—Wed 9.30am

Christ the King chapel — Thurs 4.30pm

SACAL Pastoral Care Staff

St Agnes Site — Justine Worner & Steve Jenkins Emmaus — Beth Anderson and Paul Smith.

Vincent Court — Jeff Coade.

Donnelly House — Sr Anne Hannigan is available wherever needed Lourdes Village — Beth Anderson and Sr Anne

St Agnes Village — Beth Anderson and Sr Anne
St Agnes Village — Justine, Paul, Steve and Sr Anne

Pastoral Care is available at any time 6589 9814 or 0438 832 740



POP UP CARD SHOP

Sue "The Card Lady" is excited to be back again starting in March 2021. Sue will be bringing her *Flamingo Paperie* eco-friendly greeting cards and stationery giftware back to the village during Coffee Shop. Residents will still get their 10% discount on all purchases.

Sue will be at the John Worner Centre on *Friday, 12th March between 9:30am and 11:30am.* Please drop by to say hello and have a look.

Sue will also be bringing a small selection of Nutrimetics special offers for the residents to browse.

The Lourdes Village Social Committee will be holding the following functions:

Afternoon Tea – Tuesday, 23rd March 2021 Luncheon – Tuesday, 30th March 2021

Come along and enjoy the company of your fellow residents and support your Social Committee. COVID-19 restrictions still apply.

Please keep an eye out in your letterbox for the flyer, inviting you to these functions.

FLU VACCINATION CLINIC

A Flu Vaccination Clinic will be held again in the village this year for residents. Further information will be distributed in the coming weeks.



MEMORIAL SERVICE

Where: John Worner Centre When: Thursday, 11th March 2021 Time: 10:00am

A memorial service will be held in remembrance of loved ones and past residents of Lourdes Village who have passed away during the 12 months 1 October 2019 to 31 December 2020.



Mark your diaries! EASTER BINGO

Residents from Lourdes Village and St Agnes' Village are invited to come along and enjoy a fun-filled morning.

Sue Hollis will be hosting Bingo

When: Tuesday, 23rd March Where: Tenison Woods Centre Time: 9:45am for 10:00am start

The cost will be \$5.00 which includes morning tea.

Lots of prizes to be won!

Please phone the Village Office to RSVP on 6584 3515 by Friday, 19th March 2021.

MEN'S BBQ

Men in Lourdes Village and St Agnes' Village are invited to come along to a Men's BBQ, hosted by Peter Johnson (General Manager, Risk, Compliance & Operations).

When: Wednesday, 24th March 2021

Where: Tenison Woods Centre, St Agnes' Village

Lochinvar Place

Time: 4:00pm

Gold coin donation. Sausage sizzle with beer and soft drink.

Bookings are essential. Please phone the Village Office on 6584 3515 before Monday, 22nd March 2021. Transport will also be available.

Further information will be forthcoming in a flyer.

The Village Walking Group is held each Thursday morning at 9:00am, meeting at the Tenison Woods Centre, St Agnes' Village, Lochinvar Place. The Walking Group decide whether to walk around St Agnes' Village or take a drive into town for a walk along the beach, break wall or other identified walking trails. This is a great way to meet other St Agnes' and Lourdes Village residents. If you are interested, please phone the Village Office on telephone 6584 3515.



Best wishes to residents celebrating birthdays.

We wish residents who are experiencing poor health a speedy recovery.

We extend our condolences to residents who have lost a loved one.

May Our Lord bless and comfort you and your family during this time of grief.

Resident News



Six candles, each featuring a Parish value word, have been purchased from *The Abbey* at Jamberoo and were blessed at the 12.05pm Parish Mass on 21 January 2021. These candles will be loaned to *St Agnes' Care & Lifestyle facilities* to display in a prominent, safe place.

The Village Management Office has received the *Courageous Stewardship* candle which is displayed in the foyer. Photos shown to the left and below.



Our Values

Nourished by Faith
Uncompromising Integrity
Empowered to Excellence
Service before Self
Courageous Stewardship
United as 'One Body'

COVID-19 Update – Australia's vaccination plan

A number of village residents have been enquiring on the COVID-19 vaccination and when this will become available for residents, should they wish to be vaccinated. At this stage, the Village Management Office has not been provided with a definitive timeframe however, village residents will be informed in due course when this information becomes available.



The Australian Government is responsible for obtaining the COVID-19 vaccine and overseeing the national COVID-19 vaccination strategy. The Australian Government aims to have as many people vaccinated as possible in 2021. Identified priority groups will get the first available safe and effective doses of vaccines. More people will have access to a vaccine as more becomes available throughout 2021. The COVID-19 Vaccines National Rollout Strategy details the phases in which vaccines will be available. Further information can be found on the Australian Government Department of Health website https://www.health.gov.au.

VILLAGE TRANSPORT SERVICE

The latest initiative to be implemented by St Agnes' Care and Lifestyle is 'Village Transport Services'. Village Transport Services will commence on Monday, 1st March 2021 and the transport vehicle will be driven by volunteers from St Agnes' Catholic Parish. Initially the transport service will be available on Monday and Friday mornings from 9:30am until 1:00pm, with the aim to potentially increase this service. Village residents are encouraged to utilise the Village Transport Service for this to continue into the future. Transport can be provided (but not limited to) the following venues/activities:

- Monday Coffee morning at Tenison Woods Centre, St Agnes' Village (9:45am pick up, 11:00am return)
- Residential Aged Care facilities (Maryknoll, Mount Carmel House, St Agnes' Hostel and Emmaus)
- St Agostina Café
- University of the Third Age (U3A)
- Village functions and group activities
- Appointments with the Hairdresser and Beautician at St Agnes' Village and Lourdes Village

- Friday Coffee morning at John Worner Centre, Lourdes Village (9:45am pick up, 11:00am return)
- Mass at St Agnes' Catholic Church, St Francis of Assisi Chapel, Christ the King Chapel, St Teresa of Kolkata Chapel (Emmaus)
- Port Macquarie Base Hospital and Port Macquarie Private Hospital
- Medical appointments

We ask residents to please be patient with the implementation process of this initiative. **At least 24 hours' notice must be given** to book the transport vehicle and bookings can be made via the Village Office on 6548 3515. If you require further information regarding *Village Transport Services*, please contact the Village Office.

Improved Communication – The Whispir Platform

St Agnes' Catholic Parish would like to communicate in a timely manner with our village residents and sometimes our traditional communication channels cannot keep up. To help solve this problem, we are initiating a new way of communicating.

As noted in the January Notice to village residents, the Village Management Office is currently working with Telstra and St Agnes' Catholic Parish IT Team on using a communication platform called *Whispir*. *Whispir* is a communication tool that organisations use to improve their communications and ensure people receive timely, useful, and actionable content. This can be delivered via email, SMS messaging and text-to-voice.

In Australia, SMS is the proven way to reach audiences quickly and directly. In a world full of digital noise, SMS remains the channel that has stood the test of time and offers a cost-effective, robust method of instantly connecting with our audience. Text-to-voice allows us to send recorded and/or text-to-speech messages to any mobile phone device or landline phone quickly and securely.

It is anticipated that the *Whispir* communication platform will be implemented in early April 2021. Village residents will then start to receive messages, either via SMS (text messaging), email or text-to-voice on landline. The sender name of the message will be "VillageMgmt".

Further correspondence will be forthcoming to residents on the new improved communication platform. If you have any questions, please phone the Village Management Office on telephone 6584 3515. For those who would like to know more, the link to their website is: https://www.whispir.com.au/.

Reminder to Residents

REPAIRS AND MAINTENANCE

For all general maintenance requests and after hours' emergency maintenance requests, village residents can call the hotline on 1300 522 511 or email the details to sap@chl.org.au (24 hours a day 7 days a week). When calling after hours or on a weekend, please stay on the phone to listen to the procedure. DO NOT HANG UP! If life or structure is in danger, call triple zero (000).

REQUEST FOR ADDITIONS IN VILLAS

Any additions, which includes screen doors, air conditioning units, ceiling fans, patios etc, must be approved by Village Management prior to work being undertaken. Please provide a written request to the Village Manager. A written response will then be provided to you.



Residents are reminded to not feed wild birds, including crows. This creates many unseen problems such as malnutrition and disease. They are also likely to become pests. A garden that provides natural food for birds such as one with native grasses to provide seed, mulch to encourage insects and small flowering locally native shrubs to feed honeyeaters is much better for our whole bird community. The Village has an abundance of native shrubs for wild birds to feed.

UP-TO-DATE CONTACT DETAILS

Residents are reminded to make sure the Village Office has your most up-to-date contact details. If this changes, please advise the Village Office as soon as possible. Many residents are relinquishing their landline and only have a mobile. If this applies to you, please make sure you have informed the Village Office and we will update your contact details with Safety Link.

If you are experiencing problems with your landline and your alternative contact is a mobile, please advise the Village Office. Once your issue has been rectified by your service provider, it would be appreciated if you could please inform the Village Office your landline is back working.

Please also make sure you keep your mobile phone turned ON and charged at ALL times. This is extremely important in case you have pushed your Vital Care button and Safety Link cannot contact you, they will dispatch an ambulance which may not necessarily be required.

Beauty by Patrice



Hi my name is Patrice and I am the new Beauty
Therapist. A litle bit about me. I have been in the
Beauty industry since I was 17. I did my training when
I was 16. I had worked in a salon in town for just over
10 years and really love what I do and love meeting
new people every day. I decided to finish up work
when my daughter Sofia was 2 and we were
welcoming our son Alex. I lasted 2 years being fulltime mum but now I get to do what I love part-time
again and I am so happy. I can't wait to meet you all.

I will be working from the Tenison Woods Centre, St Agnes Village, on a fortnightly basis commencing Thursday, 25th March 2021 between the hours of 9:00am and 2:00pm. Please feel free to contact me to make an appointment. Included is my price list and contact phone number.



Contact-0423612689

Massage

Back Massage 30 min \$40

Full body massage- 1 hour \$70 (back, arms, hands ,back and front of legs and feet)

Back massage, backs of legs and feet 30 min \$40

Waxing and Tinting

Eyebrow tint \$14

Eyelash Tint \$16

Eyebrow Wax \$15

Lip wax \$12

Chin wax \$12

Neck wax \$12

Nose wax \$10

Eyebrow, lip and chin wax \$30

Underarm wax \$15

Half leg wax \$25 (includes own wax cartridge)

Lash lift and tint-curl your natural lash to really open your eyes lasts 6-8weeks \$60

Manicures (Disposable files used)

Mini mani- nails cut and filed, cuticles softened and pushed back and polish \$30 NO POLISH \$20

Mani treat- nails cut and filed, cuticles softened and pushed back, hand massage and polish \$35

Pedicures (Disposable files used)

Mini Pedi- nails cut and filed, cuticles softened and pushed back and polish \$30 no cut and file \$20

Pedi mini treat- nails cut and filed, cuticles softened and pushed back, massage foot to knee and polish \$40

Deluxe pedicure-Foot soak, cuticles, cut and file nails, pedi paddle, foot scrub, massage foot to knee and polish \$55

Hard gel nails and gel polish (all clients get their own files)

Gel polish (dries strait away, lasts 2-3weeks, needs to be soaked off) \$40

Gel polish toes (last 5-6weeks) \$40

Gel polish redo \$50

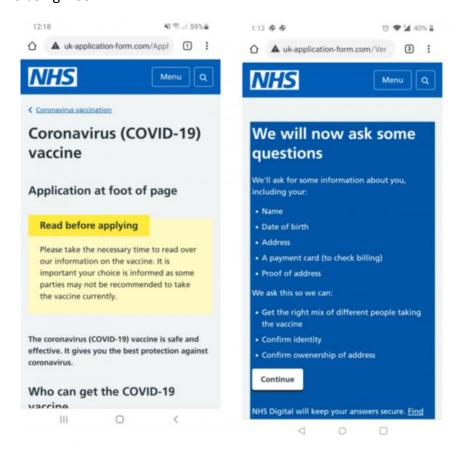
Hard gel full set (strong like acrylic but no smell, lasts 3 weeks) \$65

Hard gel infill \$55-65



Australians warned to watch out for COVID-19 vaccine scams

Australians are being warned to watch out for COVID-19 scams as the country starts its vaccination rollout. Fake vaccine scam has already cost victims millions of dollars overseas — and now cybersecurity experts fear fraudsters will pounce on vulnerable Australians. A scam email sent in the United Kingdom include a link to "register" for the vaccine, when no registration for the real vaccination is required. The fake site also asks for bank account details to either verify identification or to make a payment. This is despite the vaccine being free.



This fake vaccine scam netted millions by cyber criminals in the UK. (Credit: Twitter).

Other online criminals have sent fraudulent text messages claiming to be from a government authority, offering people priority access to a vaccine for a fee.

With Australia's vaccination rollout starting on Monday, 22nd February 2021, cyber security expert Michael Connory told *The Morning Show* that Australians should be "suspicious" of any texts or emails about the vaccine, particular if they are asking for payment. The federal government has stated that the coronavirus vaccine will be free for everyone in Australia.

Gavin Levinsohn from Eftsure says that you should never give out personal details to organisations or people before verifying their credentials first, even if the message appears to be genuine. "Always independently try and verify details of the sender," he said. "Use Google, find a phone number for that organisation and call them up – it's that simple."

You can watch this story on *The Morning Show* following the link below.

Source: https://7news.com.au/the-morning-show/story-info-australians-warned-to-watch-out-for-covid-19-vaccine-scams--c-2188528

<u>Villas for Sale in St Agnes' and Lourdes Village</u>



FOR SALE - Villa 30A St Agnes Village



FOR SALE - Villa 31B St Agnes Village



FOR SALE - Villa 47
St Agnes Village



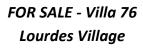
FOR SALE - Villa 73 St Agnes Village

t Agnes Village

EPOSIT TAKEN

DEPOSIT TAKEN Villa 59 Lourdes Village





<u>Puzzle Tíme</u>

How well did you go with the February edition puzzles? The answers are shown below.

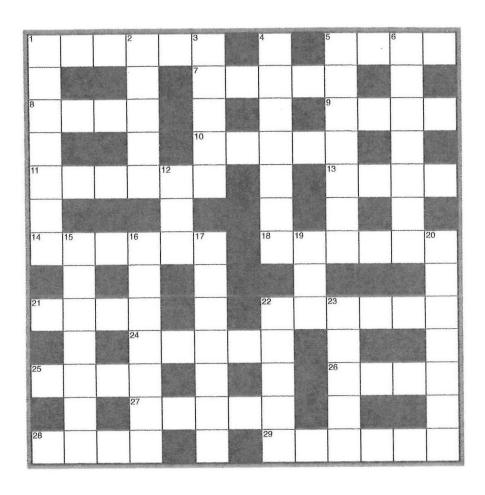
Sudoku Solution – Easy 751

Sudoku Solution – Medium 752

8	7	6	3	4	9	2	5	1
5	3	9	1	6	2	7	8	4
1	2		7			9	3	6
7	4	3	5 8	9	6	1	2	8
6	9	5	8	2	1	3	4	7
2	1	8	4	3	7	5	6	9
4	8	1	9	5	3	6	7	2
9	5	2	6	7	8	4	1	3
3	6	7	2	1	4	8	9	5

1	8	3	4	2	6	7	5	9
7	2	9	5	8	1	4	6	3
4	5	6	3	7	9	8	1	2
2	3	8	6	9		5	7	1
6	7	5	8	1	3	9	2	4
9	1	4	7	5	2	3	8	6
5	6	2	9	3	7	1	4	8
8	9	1	2	4	5	6	3	7
3	4	7	1	6	8	2	9	5

Crossword 1



ACROSS

- 1. Find
- 5. Bat's flight limb
- 7. Member of jury
- 8. Meditation art
- 9. Iridescent gem
- 10. Metal links
- 11. Most recent
- 13. Merriment
- 14. Gaped
- 18. Army students
- 21. Write by machine
- 22. Frozen drip

- 24. Cut into cubes
- 25. Small mountain
- 26. Smug moralist
- 27. Painter's tripod
- 28. Lock openers
- 29. Completes (crossword)

DOWN

- 1. Allegiance
- 2. Degrade
- 3. Remove (DVD) from player

- 4. Naturally grown
- 5. Treated unfairly
- 6. Closest
- 12. Seek damages from
- 15. Whenever
- 16. Pine tree leaves
- 17. Debate
- 19. Circle portion
- 20. Snow vehicles
- 22. Cult heroes
- 23. Drive forward

Sudoku – Easy 775

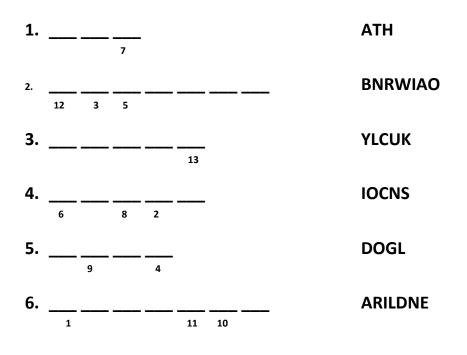
	7		9		2	3		8
				6				
				6 5	7	1		6
								6 7 2
7	6	8	4					2
					9		3	
1				7	3	2		
	8				1		4	
							4 6	

Sudoku – Medium 776

	1			2				3
	5	8						
			4					
	4						8	
					3			
7			8			2	6	
		6	8 2		5			
9				3				
					1	6	4	9

St Patrick's Day Scramble

St Patrick's Day is a global celebration of Irish culture on or around March 17. ... It particularly remembers St Patrick, one of Ireland's patron saints, who ministered Christianity in Ireland during the fifth century. St Patrick's Day is celebrated in countries with people of Irish descent. Can you unscramble the words, then put the numbered letters in order to answer the riddle?



Where can you always find gold?

SOLUTIONS TO MARCH PUZZLES

Crossword - 1

Sudoku - Easy 775

L	0	C	² A	T	E		40		5 W	1	6~	G
0			8		ڵ	J	R	0	R		E	
84	0	G	A		E		9		0	P	A	_
A			5		10	H	A	١	7		R	
11	A	T	E	12	T		N		13	L	E	E
+				U)		3		S	
Y	A	W	16	E	5		180	¹⁹ A	0	٤	T	20
	7		E)		100	R				1
7	4	P	E		S		22 J	C	23	C	1	E
125	T		24 D	1	C	E	D		M 26 0			1
H	1	L	27_		<u>U</u>		0		P	R	1	9
128	M		E	A	S	E	29		3			H
K	E	Y	5		2		S	0	1	V	3	S

6	7	1	9	4	2	3	5	8
2	5	3	1	6	8	4	7	9
8	9	4	3	5	7	1	2	6
4	3	9	2	1	6	5	8	7
7	6	8	4	3	5	9	1	2
5	1	2	7	8	9	6	3	4
1	4	6	8	7	3	2	9	5
9	8	5	6	2	1	7	4	3
3	2	7	5	9	4	8	6	1

Sudoku – Medium 776

6	1	4	9	2	8	5	7	3
2	5	8	3	1	7	4	9	6
3	9	7	4	5	6	8	1	2
1	4	9	5	6	2	3	8	7
8	6	2	1	7	3	9	5	4
7	3	5	8	4	9	2	6	1
4	7	6	2	9	5	1	3	8
9	8	1	6	3	4	7	2	5
5	2	3	7	8	1	6	4	9

Saint Patrick's Day Scramble

- 1. HAT
- 2. RAINBOW
- 3. LUCKY
- 4. COINS
- 5. GOLD
- 6. IRELAND

Answer: IN A DICTIONARY

BUS OUTINGS FOR MARCH 2021

Pick up points for the bus outings: Bus stop on Menary Drive (next to Unit 29) and bus stop on Davoren Drive (outside the John Worner Centre). **Please phone the Village Office on 6584 3515 to book your seat.**

WALKING BUS

Wednesday, 3rd March 2021
Leave Menary Drive and Davoren Drive
at 9:00am



A full day bus outing to the *Manning Valley*. Visiting the small villages of *Manning Point*, *Wallabi Point* and *Saltwater Beach* before heading to *Michael's Chinese Restaurant* in *Old Bar* for lunch.

Friday, 12th March 2021 Leave Menary Drive and Davoren Drive at 9:30am



A half day bus outing to *Bardi's Café*, *Wauchope*. At *Bardi's Café* you will find that quiet piece of Nostalgic History within it's 150-year old wooden cabin. Its rustic colonial heart has all the charm and feeling of a time gone by, though there are new breaths filled with laughter making her live again. The homemade cakes and biscuits are not only appetising to look at but delicious as well. All of their cakes are made on premises and with great prices, you will not be disappointed.

Monday, 15th March 2021 Leave Menary Drive and Davoren Drive at 1:15pm



A bus outing to *Miss Nellie's Cafe, Kendall* for afternoon tea. The delightful country-style cafe celebrates the best of the Hastings local produce and offers something for everyone.

Enjoy a relaxing coffee, treat yourself to a homemade cake or Devonshire Tea with homemade jam, or enjoy the nine flavours of ice cream! While you're there, browse the shelves and take home some local goodies, homemade preserves and gourmet gifts. Miss Nellie's truly offers a taste of home!

Wednesday, 31st March 2021
Leave Menary Drive and Davoren Drive
at 9:15am



A full day bus outing to the Nambucca Valley. Visiting the town of *Macksville* before heading to *Nambucca Heads* for lunch at *Nambucca Heads RSL Club*.

CALENDAR FOR MARCH 2021 (JOHN WORNER CENTRE)

DAY	DATE	ACTIVITY	TIME
MONDAY	1 MAR	'Knit and Knatter' Craft Group	10:00am-12noon
		LV Social Committee Meeting	1:00pm
		LV Residents Committee Meeting	2:00pm
WEDNESDAY	3 MAR	Full Day Bus Outing – (Manning Point/Wallabi	9:00am
		Point/Saltwater Beach/Old Bar)	1.00
FRIDAY	5 MAR	Bowls Coffee Shap	1:00pm 10:00am
		Coffee Shop	
SATURDAY	6 MAR	Cards/Board Game Afternoon *	1:00pm-4:00pm
MONDAY	8 MAR	'Knit and Knatter' Craft Group	10:00am-2:00pm
WEDNESDAY	10 MAR	Bowls	1:00pm
THURSDAY	11 MAR	Memorial Service for past Lourdes Village	10:00am
		residents	
FRIDAY	12 MAR	Bus Outing – Morning Tea (Bardi's Café	9:30am
		Wauchope)	10.00
CATUDDAY	42.848	Coffee Shop	10:00am
SATURDAY	13 MAR	Cards/Board Game Afternoon *	1:00pm-4:00pm
MONDAY	15 MAR	'Knit and Knatter' Craft Group	10:00am-12noon
		Bus Outing – Afternoon Tea (Miss Nellie's Café -	1:15pm
-	_	Kendall)	
TUESDAY	16 MAR	Social Committee Afternoon Tea	2:00pm
WEDNESDAY	17 MAR	Bowls	1:00pm
FRIDAY	19 MAR	Coffee Shop	10:00am
SATURDAY	20 MAR	Cards/Board Game Afternoon *	1:00pm-4:00pm
MONDAY	22 MAR	'Knit and Knatter' Craft Group	10:00am-12noon
WEDNESDAY	24 MAR	Bowls	1:00pm
FRIDAY	26 MAR	Coffee Shop	10:00am
SATURDAY	27 MAR	Cards/Board Game Afternoon *	1:00pm-4:00pm
MONDAY	29 MAR	'Knit and Knatter' Craft Group	10:00am-12noon
TUESDAY	30 MAR	Social Committee Luncheon	12:15pm for
			12:30pm start
WEDNESDAY	31 MAR	Full Day Bus Outing – (Nambucca Heads)	9:15am
		Bowls	1:00pm

Please note: Village Activities are highlighted in Italics



^{*}Due to lack of interest, the day for this activity is subject to change.

Lourdes Village: Activity Preference Sheet CARE & LIFESTYLE



Name of Resident:			Villa Number:	
ACTIVITIES	PREFERENCE	HELP TO FACILITATE YES/NO	COMMENTS	
BINGO				
Cards/Board Games			Activity currently hel between 1:00pm and	
Carpet Bowls			Activity currently hel from 1:00pm	d each Wednesday
Coffee Morning			Event currently held 10:00am	each Friday from
Craft (Knit & Knatter)			Activity currently hel between 10am and 1	
Darts				
Exercise Class				
Guest Speaker A/T				
Happy Hour				
Line Dancing				
Mahjong				
Movie Afternoons				
Scrabble Group				
Table Tennis				
Tai Chi				
Walking Group				
Zumba				
Comments and/or other suggestions:				