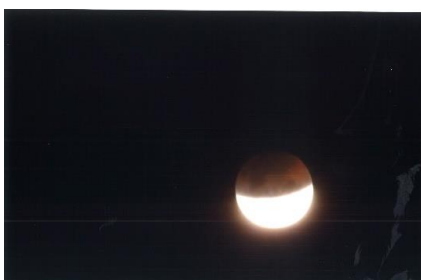
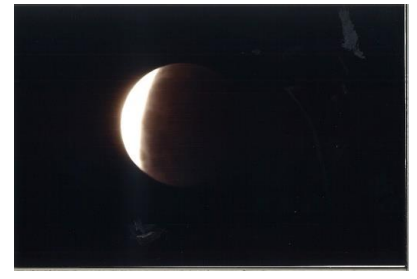


Village Newsletter

St Agnes' Village June 2021 Edition



VILLAGE MANAGEMENT OFFICE

Phone: (02) 6584 3515

Opening Hours: Monday to Friday, 8:30am to 4:30pm

Email: reception.villageliving@stagnesparish.org.au

Message from the Editor

Dear Residents,

Welcome to the June 2021 Village Newsletter and the official start of Winter. How the year is flying by. We are already half-way into the year!

The photos on the front cover are of the Total Lunar Eclipse (super blood moon) which occurred on 26th May 2021. The photos were taken by St Agnes' Village resident, Barry Jennings. The photos have been placed in order of the eclipse which I hope is the case. Thank you to Barry for providing me with these photos.

Last month the St Agnes' Village Social Committee hosted 'The Biggest Morning Tea' charity fundraiser for the Cancer Council. This was a fantastic morning with an abundance of lovely cakes/slices and raffles. Photos are shown in this edition of the newsletter.

"Scammers": There is a significant increase in scam-based activity with scammers still using the COVID pandemic to take advantage of people. The most common scams look like emails or texts from the ATO, Centrelink, Telstra and myGov. They ask you to click a link that looks real but will take you to a scam page that will steal your personal information. Many people who do get scammed are too ashamed and embarrassed to report it. If you think you have been scammed, or want more information about scams, please visit www.scamwatch.gov.au/.

Until next month, stay safe, healthy, happy and keep warm.

Jody, Editor

The Village Office will be closed on the Queen's Birthday Public Holiday, Monday, 14th June 2021

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JUNE 2021



Seasons
for Growth®



WORKSHOP

Understanding Change, Loss and Grief

(2 hours + morning tea)

9.30am – 12.00pm)

An innovative Australian grief and loss education program that uses **the imagery of the seasons to illustrate the experience of change, loss and grief. It does not provide counselling or therapy.**

It is an educative program learning the skills of healthy grieving.

Who is it for?

Anyone who is living with the effects of change and loss.

Many factors can cause change such as:

- Loss of someone or something you love
- Leaving your home and possessions, losing a beloved pet, retiring from work, handing in your license...
- Families separation
- Factors around ageing
- Impact of illness

Change effects everyone differently, as does grief.

It's the impact of the change, not the event itself that

Seasons for Growth focuses on.

Wednesday 16th June

Tenison Woods Centre

RSVP – 11TH June call 65 899 814



What is change, loss and grief?

With any change we have a loss, be the change good or not so good. With any loss we have grief. Grief describes how a person feels after the loss of someone or something that is very important to them. The grief experienced from a loss affects the whole person, including their mind, spirit, and body, as well as the relationships they have with other people. It is important to understand grief within the social (e.g. family relationships) and cultural context in which it takes place. Grief can occur with the loss of:

- personal relationships (e.g. relationship breakup)
- good health
- a job
- someone important due to death
- retirement
- mobility
- the diagnosis of a terminal illness
- someone important because of a drug or alcohol problem, which causes them to not always be there for others in the family.



If this grief stays unresolved, it may build up and even be passed on through the generations of a family; this is called intergenerational grief.

Grief is different for every person and a time limit cannot be put on it. Grief is an unfortunate part of life, but too much grief is not good for a person. How a person grieves will depend on:

- their personality
- the nature of the event that has led to the grief
- who they can share their grief with
- how many times they have had to deal with grief and loss
- their physical wellbeing
- the emotional support available to them.

An opportunity to learn/review the skills of dealing with grief will be available on Wednesday, June 16. Information is included in this edition of Pastoral Ponderings advertising this opportunity. Bookings can be made on telephone 6589 9814 to RSVP by June 11, 2021.

I would love to hear your feedback, so please share your ideas. Contributions to the 'Village Newsletter' are always welcome! If you have a story, poem, joke, photos or travel news, please either deliver to the Village Management Office or email to Jody.Munro@stagneparish.org.au



ST AGNES' VILLAGE STAGE MEETINGS

The first Stage Meeting for 2021 will be held on Friday, 4th June 2021 in the Tenison Woods Centre. Village residents have been provided with a letter notifying the relevant details.



The St Agnes' Village Social Committee invite residents to attend Happy Hour:

When: Friday, 25th June 2021
Time: 4:00pm
Where: Tenison Woods Centre

Come along and meet new and old friends.

FOR SALE – Beer, Wine and Soft Drinks

Further details will be forthcoming to village residents. Keep an eye out in your letterbox for the flyer inviting you to this gathering.

POP UP CARD SHOP

Sue "The Card Lady" is excited to be back again. Sue will be bringing her *Flamingo Paperie* eco-friendly greeting cards and stationery giftware back to the village during Coffee Shop. Residents will still get their 10% discount on all purchases.

Sue will be at the Tenison Woods Centre on **Monday, 7th June 2021 between 9:30am and 12noon**. Please drop by to say hello and have a look.

Sue will also be bringing a small selection of Nutrimerics special offers for the residents to browse.

Thank You



St Agnes' Village Biggest Morning Tea – 19/5/21

On behalf of the St Agnes' Social Committee, thank you to residents for their donations for the *Biggest Morning Tea*. Your support was very much appreciated. The Village raised \$961.00 for the Cancer Council.

SOCIAL COMMITTEE ASSISTANCE

We are asking anyone in the village who would assist the Social Committee setting up trestle tables for Social Committee functions. Please phone the Village Office on 6584 3515 to put your name on the list. Your assistance is greatly appreciated.

Resident News



Best wishes to residents celebrating birthdays.

We wish residents who are experiencing poor health a speedy recovery.

We extend our condolences to residents who have lost a loved one.

May Our Lord bless and comfort you and your family during this time of grief.



We welcome new residents who have recently moved into the village. We hope you enjoy living here.

JUSTICE OF THE PEACE

Village residents were advised in the May edition Village Newsletter, that we no longer have a Justice of Peace in our villages. We have been informed that a St Agnes' Village resident, who is a registered NSW Justice of the Peace, is available to sign documents should residents require the services of a Justice of the Peace. Please phone the Village Office to obtain contact details.

ST AGOSTINA CAFÉ

Modifications to weather-proof St Agostina Café located in St Agnes' Village have commenced. These modifications will ensure protection from the elements for all patrons. Photos of the construction works are shown below.



Wraps with Love



The Catholic Women's League (CWL) would like to thank parishioners who volunteered to knit and assemble the squares for its 'Wraps with Love' project. They currently need more 8ply wool. If you have any 8ply wool you can donate, it would be appreciated if you could leave it at the Presbytery Office.

GENTLE EXERCISE CLASSES (QI GONG)

Qi gong, is a form of ancient Chinese gentle exercise. Classes will begin at the Tenison Woods Centre, St Agnes' Village, Lochinvar Place on Wednesday 9 June at 9.00am. This will be taken by Jaye who is an accredited instructor in the art. Cost will be \$5.00. For more information, contact Judy on mobile 0409 306 207. Village residents are welcome to attend.

St Agnes' Village resident, Barbara Westwood, has been invited to speak at the Port Macquarie Library on her published Poetry Book. Residents are invited to attend. Details are shown below.

The Village Management Office staff planned to hold a Book Launch for Barbara's Poetry Book, however due to COVID restrictions in place in the Tenison Woods Centre, this was postponed. We do look forward to holding this Book Launch at a later date for village residents to attend. Village residents will receive further information in due course. Congratulations Barbara.



Please join us for an author chat with poet

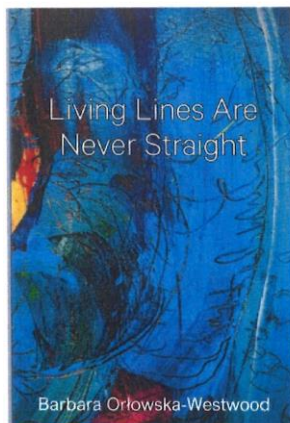
Barbara Orlowska-Westwood

Wednesday 16th June at 10.30am



Born in Poland Barbara moved to Australia in 1979. Qualified as a physician she worked professionally in both countries. Since her retirement in 1998 she has enjoyed writing poetry and prose. Barbara's work has been published in Australia, Poland and America.

Living Lines Are Never Straight



'These are poems of very thoughtful observation. Glimpses of the natural world, they are also more than that because, together and variously, they raise issues of interrelationship and belonging. ... There is much to admire in this poetry of trim lines and short stanzas' Brian Edwards.

Port Macquarie Library Meeting Room
RSVP ESSENTIAL - LIMITED SEATING
Register at mnclibrary.org.au or 6587 8755

IMPORTANT ANNOUNCEMENT

Village Walking Group

The weekly Village Walking Group that meets at the Tenison Woods Centre, St Agnes' Village each Thursday morning, has been placed on hold until further notice. Unfortunately our volunteer Rose is unavailable to facilitate this group. Residents will be advised when this activity will recommence.

Rose and Village Management apologise for this.



HAIRDRESSER

The St Agnes' Site (St Agnes' House, Mount Carmel House and Maryknoll) has new hairdressers and will be available for village residents to access their hairdressing services.

Appointments are to be made directly with the hairdresser. Please phone the Village Office on 6584 3515 to obtain the hairdresser contact details.

Reminder to Residents



Handy Hints for Locked Boxes

A few handy hints regarding the locked boxes...

To Open

1. Key in the Security PIN code for the locked box.
2. Slide and hold the top lever down whilst taking off the removable front section of the locked box.
3. Take the front cover with key attached to open the door of your villa.

To Close

1. Reposition the removable front section of the locked box into holder.
2. Re-enter the Security PIN code.
3. Slide and hold the top lever down and clip into place.

REPAIRS AND MAINTENANCE

For all general maintenance requests and after hours' emergency maintenance requests, village residents can call the hotline on **1300 522 511** or email the details to sap@chl.org.au (24 hours a day 7 days a week). When calling after hours or on a weekend, please stay on the phone to listen to the procedure. DO NOT HANG UP! If life or structure is in danger, call triple zero (000).

REQUEST FOR ADDITIONS IN VILLAS

Any additions, which includes screen doors, air conditioning units, ceiling fans, grab rails, patios etc, must be approved by Village Management prior to work being undertaken. Please provide a written request to the Village Manager. A written response will then be provided to you.



Bus Outings

If you nominate for a bus outing and you are not able to attend, please notify the Village Office at least 24 hours prior to the bus outing, if possible. This will allow Village Office staff to give your seat to another resident if they are on the waiting list. Residents are also encouraged to still place their name on the list if the outing appears to have a waiting list. Residents cancel for many reasons and residents on the waiting list can be lucky enough to be able to attend.

WASTEWATER TREATMENT PLANT

Residents are encouraged to report any odour from the Wastewater Treatment Plant on Ocean Drive Port Macquarie, to the Environment Protection Authority (EPA) hotline number on telephone 131 555. Reporting any odours will enable the EPA and Port Macquarie Hastings Council to work together to address these concerns.



SAMARITAN PURSE OPERATION CHRISTMAS CHILD



In the May 2021 edition of the Village Newsletter, information on Samaritan's Purse – Operation Christmas Child was provided. Operation Christmas Child is a project of Samaritan's Purse. It partners with local churches in developing nations to reach out to children by providing gift-filled shoeboxes. Samaritan's Purse has changed the lives of children through Operation Christmas Child since 1993.

The National Shoebox Collection is during October 2021. We have a St Agnes' Village resident, who has been involved in this project for many years and is very passionate about it. This resident has volunteered her assistance with the Operation Christmas Child project this year for St Agnes' Village. However, we need village residents to participate in this fantastic ministry. We have a number of talented residents who may be interested in making gifts to also place in the shoebox, such as a knitted teddy, knitted beanie, A4 size fabric bags or smaller. Twenty pre-printed shoeboxes are available now to start putting together. A \$10 donation is also required per shoebox gift which is critical to provide for shipping and other ministry expenses.

A suggestion has been made to commence a Craft Group for those residents who would like to make the gifts to place in the shoebox. **The group can meet each Monday afternoon between 1.30pm-3.30pm in the Tenison Woods Centre. We anticipate this to commence on Monday 7 June 2021.** If you are interested, please come along. If you enjoy craft and the social interaction and do not want to make any gifts for the shoebox, you are also most welcome to come along. Packing of the shoeboxes closer to the collection month will also be arranged. Further information will be provided in future village newsletters.

VILLAGE TRANSPORT SERVICES

Residents are reminded that the *Village Transport Service* is available on **Monday and Friday mornings from 9:30am until 1:00pm**. The transport vehicle is driven by volunteers from St Agnes' Catholic Parish. At least 24 hours' notice must be given to book the transport vehicle and bookings can be made via the Village Office on 6584 3515.

The increase to 5 days per week is still a work in progress and village residents will be kept informed on this progress. I encourage village residents to continue to utilise the *Village Transport Service* on the scheduled days for this service to continue into the future. This service is also available to those residents who drive. If you require further information regarding *Village Transport Services*, or know someone who may be interested in becoming a *Village Transport Volunteer*, please phone the Village Office on 6584 3515.

Latest on Parish Flood Recovery efforts

(as at 23 May 2021)

St Agnes' Catholic Parish Recovery Support Service

Resilience NSW has entered into an Agreement with St Agnes' Catholic Parish to establish and run for an initial 12-week period, a recovery centre located next to our Pop-Up Pantry in William Street. The centre will open from Monday 31 May 2021. The Government will fully fund the service including salaries for two staff and set up costs. Interviews commenced this week for staff, who will be experienced in support work and able to connect individuals and families to the specialist services they might require. The Centre is a temporary personalised holistic case management service to help disaster affected communities recover from the floods. We will provide a client-centred service to high needs flood affected residents from our community.

St Agnes' Catholic Parish Rebuild Program

The Parish has commenced the rebuilding program for the most vulnerable people located at Riverside Residential Village Port Macquarie and Brigadoon Holiday Park North Haven. There are approximately twenty-four homes and cabins to rebuild over the next 8-12 weeks. The rebuild is being undertaken by two licenced builders and a team of carpenters and apprentices. They are supported by Newman Senior Technical College Construction students. Work includes, flooring, wall sheeting, kitchens, bathrooms, paint, and floor coverings. Materials are being supplied at cost by Port Macquarie Bunnings.

The Parish Pop-up Pantry

The Pantry is continuing its service of supplying non-perishable food and other items to those affected by the floods. It is open three days a week (Monday to Wednesday) 9am-4pm. Thank you to our volunteers and Parish staff who are making this happen. Thank you also to the generous parishioners who are donating non-perishable items to the Pop-up Pantry. We are still accepting donations of toiletries, cleaning supplies and all non-perishable food items. We do a major restock each week so all donations will be gratefully accepted.

Keep those donations of non-perishable food items coming

Donations of the following items are still welcome and needed at the Pop-Up Pantry in William Street.

- Cans of Soup
- Canned vegetables
- Coffee
- Cleaning products
- Deodorant
- Freezer bags
- Honey
- Instant rice
- Gluten free products
- Pasta Sauce
- Pegs
- Salt & Pepper
- Sugar
- Tea
- Toilet Rolls
- Tomato Sauce
- Washing Powder
- Vegetable Oil

Resident Information

World Elder Abuse Awareness Day (WEAAD) is commemorated each year on 15 June to highlight one of the worst manifestations of ageism and inequality in our society, elder abuse.

Elder abuse is any act which causes harm to an older person and is carried out by someone they know and trust such as a family member or friend. The abuse may be physical, social, financial, psychological or sexual and can include mistreatment and neglect.



Abuse can be unintentional or deliberate. The harm caused to an older person may range from the unintended effects of poor care through to serious physical injury inflicted deliberately. Harm can also include emotional harm and financial loss.

Have any types of elder abuse ever affected you or anyone you know? Have you ever suspected that you or a vulnerable elder in your life might be suffering from neglect or mistreatment? Do you feel conflicted, afraid, embarrassed, or unsure of what to do about it?

By learning more about this subject, you can better protect yourself or those you care about. Elder abuse can take many forms. Often more than one type of abuse can be used. The most commonly reported types of elder abuse include:

- **Emotional (or psychological) abuse:** This kind of mistreatment harms and elder's mental health. Using threats, humiliation or harassment causing distress and feelings of shame, stress or powerlessness. It often occurs in combination with other forms of abuse.
- **Financial abuse:** Using someone's money, property or other assets illegally or improperly or forcing someone to change their will or sign documents.
- **Social abuse:** Forcing someone to become isolated by restricting their access to others including family, friends or services. This can be used to prevent others from finding out about the abuse.
- **Neglect:** This type of abuse happens when a vulnerable elder is deprived of essential necessities like food, water, medical treatment, proper clothing, or a safe, clean, and comfortable living environment, either intentionally or unintentionally.
- **Physical abuse:** Physical abuse can take many forms. Inflicting pain or injury by hitting, slapping, pushing, punching, choking, kicking or using restraints.
- **Sexual abuse:** Any sexual activity for which the person has not consented. Even a conversation about sex can be considered abusive if an elder is uncomfortable or unwilling to engage in the discussion and can't get out of the situation.

What do I do if I suspect elder abuse? Trust what you are seeing or feeling. Elder abuse can sometimes be subjective, but it is usually better to err on the side of caution. If you are concerned about elder abuse you may want information, or the opportunity to talk to someone about your concerns, and options for getting help.

If you require assistance in an emergency or life-threatening situation, contact 000 straight away.

In NSW a free, confidential Elder Abuse Helpline provides information, advice and referral for people who experience, witness or suspect the abuse of older people. *Call the Elder Abuse Helpline on 1800 628 221.*

In Australia we are also lucky to have the Seniors Rights Service. Seniors Rights Service is a community organisation dedicated to protecting and advancing the rights of older people, particularly vulnerable and disadvantaged groups. They provide free and confidential telephone advice, aged care advocacy and support, legal advice and rights-based education forums to seniors across New South Wales.

You can also call Seniors Rights Service for free and confidential legal advice on 1800 424 079 or visit their website: <https://www.seniorsrightsservice.org.au>.

Source: Seniors Rights Services website

Villas for Sale in St Agnes' and Lourdes Village



FOR SALE - Villa 31B
St Agnes' Village



FOR SALE - Villa 47
St Agnes' Village



FOR SALE - Villa 123
St Agnes' Village

Deposits have been taken on the following villas:

Villa 9 St Agnes' Village

Villa 59 Lourdes Village

Villa 103 St Agnes' Village

Villa 144 St Agnes' Village



RECIPE



Savory Mighty Muffins

This recipe has been kindly provided by Sue Hollis

Makes 6

Ingredients:

1½ cups self-raising flour
2 cups grated tasty cheese
100g chopped ham
1 zucchini, grated
1 carrot, grated

¼ cup thinly sliced chives
¾ cup milk
1 egg
¼ cup fruit chutney (optional)

Method:

1. Preheat oven to 200°C. Grease muffin pan. Line bases of holes with baking paper.
2. Sift flour into a large bowl. Add cheese, ham, zucchini and chives. Whisk milk, egg and chutney in a jug until well combined. Make a well in centre of dry ingredients. Pour in milk mixture. Using a large metal spoon, gently mix until just combined. Spoon into muffin holes.
3. Bake for 15 to 20 minutes or until a skewer inserted into the centre comes out clean. Stand in pan for 3 minutes. Turn onto a wire rack to cool. Store in an airtight container at room temperature.

Photos

Biggest Morning Tea held on Wednesday, 19th May 2021



Puzzle Time

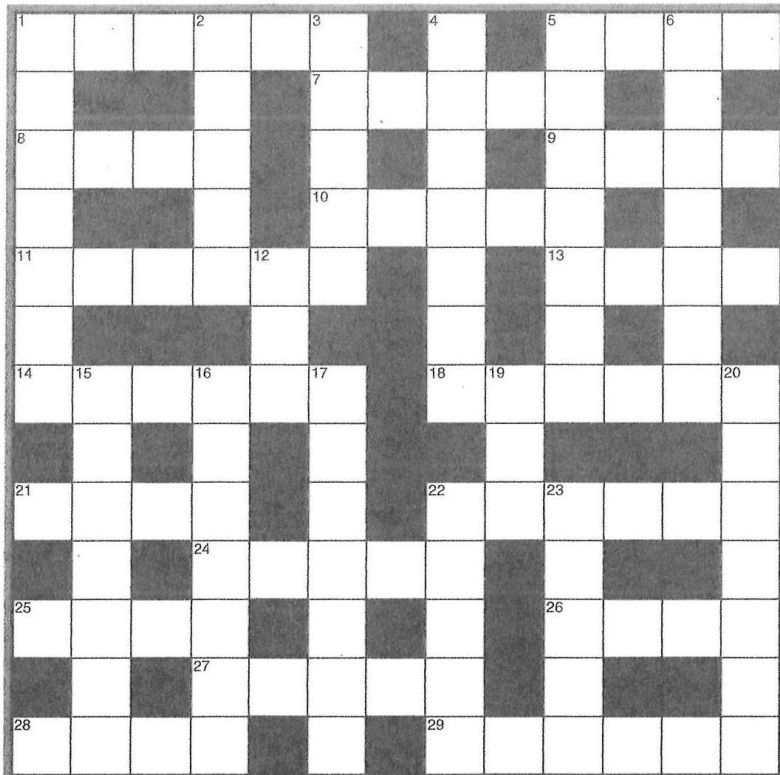
Sudoku – Easy 853

		1	2	5				
5	9	7				2		
		3	7	8	9			5
	4				6			2
2		9		7		4	6	
8								
						6	8	
				4			2	
			9			3		7

Sudoku – Medium 854

			7	9		8	1	
		4		1	5			
		5					7	
9				2			3	
		1	9					
		2		8			5	6
1	7							
	5		3					2

Crossword



ACROSS

1. Rank
5. Wordless acting
7. Adversary
8. Tinted
9. Bridge length
10. Deserve
11. Becomes informed
13. Snake-like fish
14. Floats on current
18. Merriest
21. Speak indistinctly
22. Rang (of bells)
24. Outdo
25. Swarm
26. Japanese wrestling style
27. Ease of
28. Unkind
29. Strip bare

DOWN

- | | | |
|--------------------|-------------------------|----------------------|
| 1. Used oars | 6. Childhood disease | 19. Chopping tool |
| 2. Scanning device | 12. Louse egg | 20. Immature frog |
| 3. Judges | 15. Allay | 22. Kept supplying |
| 4. Clothed in | 16. Inferno battler | 23. Incendiary crime |
| 5. Enigma | 17. Out of the ordinary | |

Solutions to May Puzzles

Sudoku – Easy 853

4	8	1	2	5	3	7	9	6
5	9	7	1	6	4	2	3	8
6	2	3	7	8	9	1	4	5
7	4	5	3	9	6	8	1	2
2	1	9	8	7	5	4	6	3
8	3	6	4	1	2	5	7	9
9	7	2	5	3	1	6	8	4
3	5	8	6	4	7	9	2	1
1	6	4	9	2	8	3	5	7

Sudoku – Medium 854

6	2	3	7	9	4	8	1	5
7	9	4	8	1	5	6	2	3
8	1	5	6	3	2	4	7	9
9	8	7	5	2	6	1	3	4
5	6	1	9	4	3	2	8	7
3	4	2	1	8	7	9	5	6
1	7	6	2	5	9	3	4	8
2	3	9	4	7	8	5	6	1
4	5	8	3	6	1	7	9	2

Crossword

1	P	U	T	R	I	D	W	M	I	M	E	
A	A	E	N	E	M	Y	E					
8	D	Y	E	E	A	S	P	A	N			
D	A	M	E	R	I	T	S					
11	L	E	A	R	N	S	I	E	E	L	S	
E	I	N	R	E								
14	B	R	I	F	T	S	S	A	Y	E	S	T
E	I	P	X	A								
21	S	L	U	R	E	P	E	A	L	E	D	
I	E	X	C	E	L	R	P					
25	T	E	E	M	I	I	S	U	M	O		
V	A	B	A	T	E	O	L					
28	M	E	A	N	L	D	E	N	J	U	D	E

That Moment when
you walk into a spider
web and suddenly turn
into a karate master.



The biggest lie
I tell myself
is 'I don't
need to
write that
down,
I'll remember it!'






Bus Outings for June 2021

Pick up points for the bus outings: Tenison Woods Centre, Stages 7 & 8 (Sweeney Court) and Stage 9 (Quinlivan Drive). **Please phone the Village Office on 6584 3515 to book your seat.**

The walking bus and wheelchair bus are available for the same outings as listed below. The wheelchair bus should only be used for residents who have poor mobility and have difficulty getting on and off the walking bus.

WALKING BUS AND WHEELCHAIR BUS

<p>Friday, 11th June 2021 Leave TWC and Stages 7, 8 & 9 at 9.30am</p> 	<p>A half day bus outing to <i>Our Little Café Laurieton</i> for morning tea. <i>Our Little Café</i> was established in 2018 by Wendy & Mark. After running a successful market stall at the Riverside Markets, the pair were inundated with requests to set up a café in town! They responded to these wishes, and opened <i>Our Little Café</i> as a dedicated hub for the community of Laurieton. <i>Our Little Café</i> enables them to pursue their passion as coffee enthusiasts, as well as offering their customer delicious freshly made breakfasts, lunches and snacks. It gives them huge satisfaction to be living their dream!</p>
<p>Thursday, 17th June 2021 Leave TWC and Stages 7, 8 & 9 at 9.00am</p> 	<p>A full day bus outing to <i>Wingham</i>. <i>Wingham</i> is a town in the Mid North Coast region of New South Wales (just 10 minutes from Taree). A lovely historic timber town on the Manning River, <i>Wingham</i> has a village green surrounded by National Trust-listed Federation buildings. Lunch will be at <i>Wingham Services Club</i>.</p>
<p>Monday, 21st June 2021 Leave TWC and Stages 7, 8 & 9 at 1.15pm</p> 	<p>A half day bus outing to <i>The Ruins Cafe @ Lake Innes Village Shopping Centre</i> for afternoon tea. A great addition to Lake Innes Village Shopping Centre. <i>The Ruins Cafe</i> caters for everyone. A selection of slices, cakes, muffins, scones, tea and coffee is available.</p>

Calendar for June 2021 (Tenison Woods Centre)

DAY	DATE	ACTIVITY	TIME
TUESDAY	1 JUN	St Agnes' Residents Committee Meeting <i>Ladies Snooker</i>	8:00am 1:30pm
WEDNESDAY	2 JUN	Social Committee Meeting (Meeting Room)	10:00am
THURSDAY	3 JUN	<i>Information Technology (Computer) Group*</i> Hastings Combined Seniors Committee Meeting (Meeting Room)	10:00am-11:00am 2:00pm-3:30pm
FRIDAY	4 JUN	Stage Meetings	9:00-4:00pm
SATURDAY	5 JUN	Hall Booking (Endeavour Fundraiser High Tea) THERE WILL BE NO SCRABBLE TODAY	1:00pm-4:30pm
SUNDAY	6 JUN	<i>Men's Snooker</i>	1:00pm-4:00pm
MONDAY	7 JUN	<i>Coffee Shop</i> <i>Craft Group</i>	10:00am 1:30pm-3:30pm
TUESDAY	8 JUN	<i>Ladies Snooker</i>	1:30pm
WEDNESDAY	9 JUN	Gentle Exercise Class (Qi Gong)	9:00am-10:30am
THURSDAY	10 JUN	<i>Information Technology (Computer) Group*</i>	10:00am-11:00am
FRIDAY	11 JUN	Bus Outing – Morning Tea (Our Little Café Laurieton) Hastings Combined Seniors Meeting <i>Ladies Snooker</i>	9:30am 9:30am-12:30pm 1:30pm
SATURDAY	12 JUN	<i>Scrabble Group</i>	2:00pm-4:00pm
SUNDAY	13 JUN	<i>Men's Snooker</i>	1:00pm-4:00pm
MONDAY	14 JUN	PUBLIC HOLIDAY – THERE WILL BE NO COFFEE SHOP TODAY <i>Craft Group</i>	1:30pm-3:30pm
TUESDAY	15 JUN	<i>Ladies Snooker</i>	1:30pm
WEDNESDAY	16 JUN	Season's For Growth Workshop THERE WILL BE NO GENTLE EXERCISE CLASS TODAY	9:30am-12noon
THURSDAY	17 JUN	Bus Outing – Full Day (Wingham) <i>Information Technology (Computer) Group*</i>	9:00am 10:00am-11:00am
FRIDAY	18 JUN	<i>Ladies Snooker</i>	1:30pm
SATURDAY	19 JUN	<i>Scrabble Group</i>	2:00pm-4:00pm
SUNDAY	20 JUN	<i>Men's Snooker</i>	1:00pm-4:00pm
MONDAY	21 JUN	<i>Coffee Shop</i> Bus Outing – Afternoon Tea (The Ruins Café Lake Innes Shopping Centre) <i>Craft Group</i>	10:00am 1:15pm 1:30pm-3:30pm
TUESDAY	22 JUN	<i>Ladies Snooker</i>	1:30pm

Calendar for June 2021 (Tenison Woods Centre)

WEDNESDAY	23 JUN	Gentle Exercise Class (Qi gong) Social Committee Luncheon	9:00am-10:30am 12:30pm start
THURSDAY	24 JUN	<i>Information Technology (Computer) Group*</i>	10:00am-11:00am
FRIDAY	25 JUN	<i>Ladies Snooker</i> <i>Happy Hour (Social Committee)</i>	1:30pm 3:30pm
SATURDAY	26 JUN	Hall Booking (Healing Touch) <i>Scrabble Group (Meeting Room)</i>	8:00am-5:00pm 2:00pm-4:00pm
SUNDAY	27 JUN	Hall Booking (Healing Touch)	8:00am-5:00pm
MONDAY	28 JUN	<i>Coffee Shop</i> <i>Craft Group</i>	10:00am 1:30pm-3:30pm
TUESDAY	29 JUN	<i>Ladies Snooker</i>	1:30pm
WEDNESDAY	30 JUN	Gentle Exercise Class (Qi gong)	9:00am-10:30am

Please note: Village Activities are highlighted in Italics

**Due to the recent lack of weekly attendance, this activity may not be held each week.*